

... is proud to announce  
The Bridge Santa Barbara  
Weekend Intensive  
Workshop Series

**Weekend Intensive  
Workshop #1  
External Dependency**

*“I function well so why  
am I still miserable?”*

**In this foundational  
workshop you will:**

- Create awareness of what’s really going on inside of you.
- Go beyond symptoms to uncover the underlying problem.
- Learn portable tools that will work better for you.

**Take Action today and infuse  
your therapy and your life with  
fresh perspectives, deep  
insights and a renewed sense of  
engagement.**

Where: The Bridge Santa Barbara,  
secluded mountaintop  
retreat campus.

When: May 17-19, 2013  
Friday 3:00 pm through  
Sunday 3:00 pm

Cost: \$595.00 includes  
weekend workshop,  
accommodations and  
meals.

**Call The Bridge to Recovery at  
(877) 866-8661 for answers to  
your questions or to enroll!**

**WORKSHOP DATES: May 17-19, 2013**  
**Call Now to Reserve a Spot (877) 866-8661**

**Feeling Stuck? Tempted to Stop Therapy?  
Confused About How to Move Forward?**

Sometimes you hit a wall. Even with a great therapist, you can get bogged down in your issues and stories. It’s tempting to put on the brakes. But when you’re climbing a mountain and lose momentum, often all you need is a little extra help to get to the top.

*Launch yourself out of that stuck, confused place with our 48-Hour intensive. Then return to therapy and integrate what you’ve learned and experienced.*

**Our workshop team will support your therapy  
and/or your recovery by helping you:**

- Delve deeper into hurtful memories and childhood trauma - and take action to heal them.
- Find and embrace your true power and the peace that comes with it.
- Shift from simply being an observer to being an active participant in your life.

**~ The Workshop Team ~**



**Rawland Glass, MSW, LCSW**

“Rawly” has 30 years of social work experience in a variety of positions, including child and adult protection, inner healing workshops, and many years in private practice. Currently, he is the Chief Clinical Officer for The Bridge to Recovery, and most recently, Rawly was the recipient of the Addiction Professional 2012 Outstanding Clinician Award.



**Andrew Susskind, MSW, LCSW**

As a licensed clinical social worker, certified coach, somatic experiencing practitioner and certified group psychotherapist based in Los Angeles for the past 20 years, Andrew brings a multi-faceted perspective to his work.