

12-Step and Self-Help Groups

Alcoholics Anonymous

aa.org
(AA)
323.936.4343 (L.A.)
215.870.3400

Cocaine Anonymous

ca.org
(CA)
310.216.4444 (L.A.)
800.347.8998

Crystal Meth Anonymous

crystalmeth.org
(CMA)
213.488.4455

Marijuana Anonymous

marijuana-anonymous.org
(MA)
818.759.9194 (L.A. County)
800.766.6779

Narcotics Anonymous

na.org
(NA)
818.773.9999

Nicotine Anonymous

nicotine-anonymous.org
(NICA)
800.642.0666 (SoCal)
414.750.0328

Recovering Couples Anonymous

recovering-couples.org
(RCA)
510.663.2312

Workaholics Anonymous

workaholics-anonymous.org
(WA)
510.273.9253

Compulsive Spending / Gambling

Debtors Anonymous
debtorsanonymous.org
(DA)
310.822.7250 (L.A.)
781.453.2743

Gamblers Anonymous

gamblersanonymous.org
(GA)
877.423.6752 (SoCal)
213.386.8789

Sexual Addiction & Compulsivity

Sex Addicts Anonymous

sexaa.org
(SAA)
213.896.2964
800.477.8191

Sex & Love Addicts Anonymous

slaafws.org
(SLAA)
323.957.4881 (L.A.)
210.828.7900

Sexaholics Anonymous

sa.org
(SA)
213.480.1096 (L.A.)
866.424.8777

Sexual Compulsives Anonymous

sca-recovery.org
(SCA)
310.859.5585 (L.A.)
800.977.HEAL

Eating Disorders

Anorexia Nervosa/Associated Disorders

anad.org
310.463.5106 (L.A.)
847.831.3438

H.O.W.

ceahowsci.com
(Compulsive Eaters Anonymous)
562.942.8161

Overeaters Anonymous

oa.org
(OA)
505.891.2664

Support for Family Members and Loved Ones

Adult Children of Alcoholics

adultchildren.org
(ACA)
310.534.1815

Al-Anon/Alateen

al-anon.org
818.760.7122 (L.A.)
888.4AL.ANON

Co-Anon

co-anon.org
(Cocaine Addicts' Family Groups)
520.513.5028

Co-Dependents Anonymous

codependents.org
(CODA)
323.969.4995

Co-Dependents of Sex Addicts

cosa-recovery.org
(COSA)
763.537.6904

Gam-Anon

gam-anon.org
818.377.5144 (L.A.)
718.352.1671

Nar-Anon

nar-anon.org
310.534.8188 (SoCal)
800.477.6291

S-Anon

sanon.org
818.973.2235 (L.A.)
800.210.8141

Mental Health

Emotions Anonymous

emotionsanonymous.org
(EA)
651.647.9712

Recovery, Inc.

recovery-inc.com
310.306.6766