

Westside Notes



A journey of a thousand miles begins with a single step

Doors Opening, Doors Closing: The Bridge Santa Barbara

After more than 2 years of residential workshops healing codependency and trauma, the Bridge to Recovery in Santa Barbara has closed their doors. As many of you know, I was involved in the development of their weekend workshop series, but unfortunately, the program has chosen to consolidate back to its original campus in Bowling Green, Kentucky. Although it's a bittersweet ending for me as I say goodbye to the ranch perched high above Santa Barbara, the love and gratitude will live on. I especially want to thank John Stenzel for inviting me to be a part of the program, Rawly Glass and Terra Holbrook as my clinical role models and my interns, Annabel, Maria and Eddie who freely gave their time and energy to the weekend intensives.

Here is the announcement from the recent Bridge newsletter:

A Tribute to The Bridge to Recovery Santa Barbara

There is one truth in life that never changes—and that truth is change is inevitable. On that note, it is with deep and profound sorrow that I announce that The Bridge to Recovery Santa Barbara has closed its doors. Due to unforeseeable circumstances involving our lease agreement, we had no choice but to cease operations in Santa Barbara. The circumstances had nothing to do with the efficacy of our clinical programming or the integrity of our business model. It was simply a matter of logistics regarding the tumultuous real estate market.

Rest assured that The Bridge in Bowling Green, Kentucky—the heart and soul of our program for more than 40 years—is still running strong and operating at full capacity. When it comes down to it, it's *what* we do, not just where we do it. Our program is as solid as ever as we continue to transform lives. We're fortunate that Terra Holbrook, our Director of Clinical Services, has agreed to stay on board and continues to grace us with her incomparable expertise. We are also grateful to Paul Hamblin who has stepped up as our interim CEO, and through his leadership and field expertise, we know the future of The Bridge with him at the helm is limitless.

The Accelerated Program for Behavioral Health Professionals, which was launched in 2013, has received rave reviews, and we plan on taking the program on the road to various cities nationwide in 2014.

We are truly excited about the opportunity to transform the lives of even more individuals as we embark on new journeys in the coming year. Here's to an enriching, enlightening, and exciting New Year. We want all of you to experience the emotional recovery and renewed enthusiasm for life that has been achieved by the thousands of individuals who have walked through our doors.

Marvin Moore

President

The Bridge to Recovery